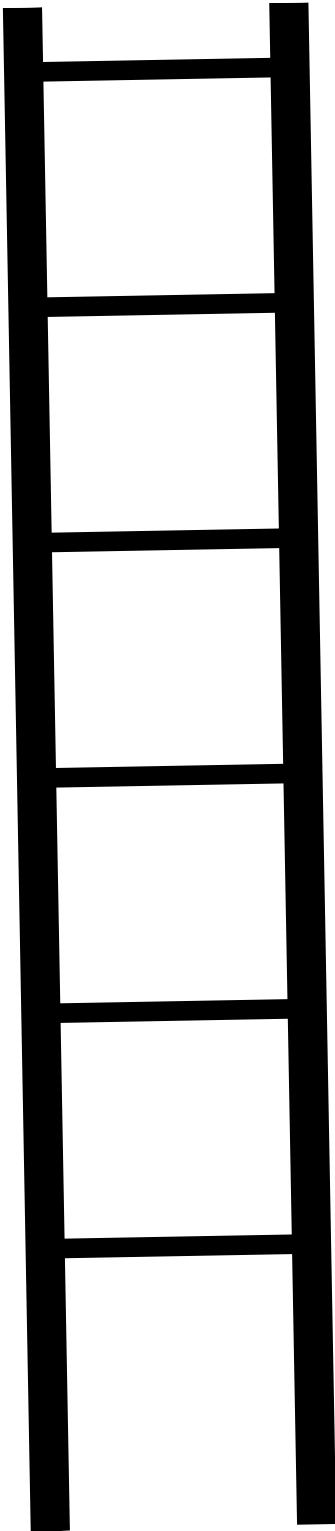


Make your own worry ladder



FIND MORE GREAT WELLBEING ACTIVITIES /
IDEAS AT WWW.BRILLIANT-ME.ORG.UK

